



Monday, July 10rd Delivery

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☀️ **A FRESHCHEF FAVORITE**

☀️ **Grilled Steak Breakfast Burrito**

Roasted beef tenderloin, caramelized onions, roasted peppers, cheddar cheese, scrambled eggs. Jack's salsa cantina salsa

454 Cal | 60g Carb | 13g Fat | 23g Protein

****NEW** Freshchef Chiliquiles gf**

Corn tortillas chips, pork chorizo, scrambled eggs, black beans, salsa verde, cotija cheese, chopped cilantro.

579 Cal | 36.2g Carb | 35.3g Fat | 24.8g Protein

****NEW** Pesto Chicken Salad gf/kf**

[Hundred Acre](#) spring mix, basil, grilled zucchini and yellow squash, cherry tomato, cucumber, shaved parmesan, grilled chicken, *nut-free* creamy pesto dressing.

swap proteins available

362 Cal | 15.5g Carb | 29.9g Fat | 10.8g Protein

Chicken : 462 Cal | 16.5g Carb | 31.9g Fat | 32.8g Protein

Salmon : 642 Cal | 16.5g Carb | 44.6g Fat | 46.8g Protein

☀️ **Chicken and Sausage Jambalaya gf/kf**

Cajun roasted chicken, andouille sausage, white rice, creole sauce, scallions, shredded parmesan cheese.

506 Cal | 48.3g Carb | 18.5g Fat | 36.9g Protein

Low Carb : 374 Cal | 17.3g Carb | 18.5g Fat | 35.9g Protein

☀️ **Chicken Florentine gf**

Lemon and Herb grilled chicken breast topped with sundried tomato, artichoke, and spinach Parmesan cream cheese. Served with roasted potatoes and blanched green beans.

462 Cal | 58.8g Carb | 12.4g Fat | 36.3g Protein

Low Carb : 279 Cal | 12.8g Carb | 12.4g Fat | 33.3g Protein

****NEW** Turkey Club**

Ciabatta bread, smoked sliced turkey, Nueske's Bacon, cheddar cheese, spring mix, roasted roma tomato. *Nut-free Pesto aioli.*

Veg swap available.

676 Cal | 44.3g Carb | 41.5g Fat | 43.7g Protein

Lettuce Wrap: 479 Cal | 8.2g Carb | 39.5g Fat | 36.9g Protein

****NEW** Curry Vegetable Pasta df**

Bow-tie pasta, dairy free yellow curry sauce, peas, corn, grilled zucchini, shredded carrots, red bell pepper, broccoli, cilantro, fresh lime. psst...**Add the shrimp** :)

343 Cal | 63.2g Carb | 6.7g Fat | 11g Protein

Chicken : 443 Cal | 64.2g Carb | 8.7g Fat | 33g Protein
Shrimp: 423 Cal | 64.2g Carb | 7.7g Fat | 26g Protein

Classic Salmon dinner gf

Herb and garlic roasted salmon served with steamed honey carrots, blanched broccoli, steamed white rice, and a lemon herb compound butter.

502 Cal | 28.6g Carb | 25.4g Fat | 39.3g Protein

Low Carb : 454 Cal | 16.1g Carb | 25.4g Fat | 40.3g Protein

If you are looking to add more protein, vegetables, starches, or more customization, please check out our family style options under the Family Style tab.