



## Monday, July 24th Delivery

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### ☀️ **Chef Austin's Pick**

#### **\*\*NEW\*\*** ☀️ **Chorizo Breakfast Burrito**

Flour Tortilla, local pork chorizo, red skin potatoes, scrambled eggs, shredded cheddar cheese, jacks cantina salsa.

525 Cal | 28.3g Carb | 32g Fat | 28.6g Protein

#### **\*\*NEW\*\*** ☀️ **Bacon Egg and Cheese Croissant Sammie**

Butter croissant, scrambled eggs, Nuske's bacon, cheddar cheese, roasted tomato aioli, side salad (Tomato and Cucumber) with Freshchef balsamic vinaigrette.

489 Cal | 28.2g Carb | 35.1g Fat | 15.5g Protein

#### **\*\*NEW\*\*** ☀️ **Buffalo Chicken Salad gf/kf**

Hundred Acre spring mix, cucumber, grape tomato, diced celery, shredded carrots, shredded red cabbage, and buffalo chicken. Served with a choice of Freshchef Ranch OR Blue Cheese dressing.

*Add proteins available*

426 Cal | 29.9g Carb | 24.1g Fat | 29.9g Protein

Salmon: 606 Cal | 29.9g Carb | 37.1g Fat | 43.9g Protein

#### **\*\*NEW\*\*** ☀️ **Chicken and Rigatoni Pasta**

Rigatoni pasta, sweet Italian sausage, roasted chicken, and grilled zucchini. Homemade Basil Marinara. Dollop of ricotta cheese, shaved parmesan, and fresh parsley.

*Gluten-free low carb available*

492 Cal | 60.3g Carb | 12g Fat | 42.3g Protein

Low Carb(GF) : 326 Cal | 24.4g Carb | 11.6g Fat | 37.7g Protein

#### **Hawaiian Chicken gf/df/kf**

Roasted chicken breast, bourbon pineapple glaze, roasted pineapple, broccoli, red bell pepper, steamed white rice.

*Sub cauliflower rice for low carb*

481 Cal | 80.6g Carb | 2.8g Fat | 33.8g Protein

Low Carb: 349 Cal | 49.6g Carb | 2.8g Fat | 32.8g Protein

#### ☀️ **Corned Beef Dinner gf**

Slow-roasted corned beef brisket, steamed carrots, fried cabbage, and roasted red skin potato wedges served with a creamy horseradish sauce.

546 Cal | 37.5g Carb | 35.9g Fat | 20g Protein.

**\*\*NEW\*\* 🌟 Asparagus and Summer Squash Curry df/gf**

Coconut curry sauce, white rice, asparagus, grilled summer squash, green peas, steamed carrots, roasted peanuts, cilantro, and fresh lime. *Pssst, add the Salmon!*

*Add protein available*

404 Cal | 58.7g Carb | 14.8g Fat | 10.5g Protein

Low Carb: 271 Cal | 27.7g Carb | 14.8g Fat | 9.5g Protein

Salmon: 684 Cal | 59.7g Carb | 29.8g Fat | 46.5g Protein

**BBQ Salmon Bowl gf/df**

Herbed roasted salmon drizzled with sweet baby rays bbq sauce served with corn and black beans, pico de gallo, and white rice.

*Low carb available | Cilantro rice available*

624 Cal | 48.9g Carb | 16.4g Fat | 45.7g Protein

Low Carb: 501 Cal | 42.9g Carb | 16.4g Fat | 48.7g Protein

If you want more protein, vegetables, starches, or customization, please check out our **family style options** under the **Family Style tab**.