



Monday, November 27th Delivery

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☀️ *Chef Austin's Pick*

Chorizo Breakfast Tacos

Local pork Chorizo, roasted potatoes, cheddar cheese, black bean tomato salsa flour tortillas. Served with a tomatillo avocado salsa.

Corn tortillas for gluten free

485 Cal | 48g Carb | 18g Fat | 28g Protein

Breakfast Bake GF

Shredded hash brown, bacon, ham, scallions, and cheddar cheese. Served on a bed of spinach, homemade salsa, fresh strawberries and blueberries.

323 Cal | 29.5g Carb | 10.8g Fat | 26.9g Protein

☀️ ****NEW** Buffalo Chicken Salad gf**

Hundred Acre Spring mix, cherry tomatoes, black beans, roasted corn, pickled red onions, shredded cheddar cheese, grilled buffalo chicken breast, Freshchef Ranch.

531 Cal | 17g Carb | 30g Fat | 46.6g Protein

Chicken and Broccoli Alfredo

Lemon and herbed grilled chicken. Blanched broccoli, penne pasta, low carb Alfredo, lemon wedge.

Zoodles for gluten free and low carb

541 Cal | 55.8g Carb | 14.9g Fat | 47g Protein

Low Carb (GF): 374 Cal | 19.9g Carb | 14.5g Fat | 42.4g Protein

☀️ ****NEW** Chipotle Grilled Chicken Sandwich**

Oh yes! Brioche Bun or Lettuce Wrap, grilled chicken breast, sliced pepper jack cheese, pico de gallo salsa, chipotle mayo served with a side of crinkle cut sweet fries or side salad.

Lettuce wraps for gluten free and low carb

611 Cal | 55.1g Carb | 26g Fat | 35.6g Protein

Low Carb: 448 Cal | 30.4g Carb | 21g Fat | 31.3g Protein

****NEW** Pureco Con Salsa Verde gf/df**

Roasted berkshire pasture raised pork with roasted potatoes, grilled zucchini, hominy, radish, and Salsa Verde.

Cauliflower rice for low carb

457 Cal | 63.4g Carb | 12.1g Fat | 38.9g Protein

Low Carb: 372 Cal | 42.4g Carb | 12.4g Fat | 37.8g Protein

☀️ **Vegetarian Chili gf/df**

Spiced tomato sauce, kidney beans, black beans, onion, carrots, bell peppers, corn, grilled zucchini, sour cream, and mixed cheeses. Cornbread muffin

Add Elbow Noodles available | no dairy available

404 Cal | 79.3g Carb | 8.4g Fat | 15.1g Protein

 **Bourbon Glazed Roasted Salmon gf/df**

Herb and garlic marinated salmon filet, glazed with tangy bourbon sauce, served with blanched green beans, roasted potatoes, and bagel seasoning.

Sub cauliflower rice for low carb

420 Cal | 33.4g Carb | 15.1g Fat | 39.1g Protein

Low Carb: 458 Cal | 20.6g Carb | 26.4g Fat | 41.8g Protein

Family Style Meal Series - November

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

11/27 Delivery - Meatloaf Dinner

Grass Fed meatloaf topped with a tangy tomato sauce, served with mashed potatoes, brown gravy, and buttered corn.

[Please check out our specials here!](#)