



## Monday, January 1st Delivery

### Best of 2023 Menu

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#### ***Chef Austin's Pick***

##### **Steak and Bagel Breakfast Sandwich**

Fresh everything: baked bagel, grilled steak tenderloin, scrambled egg, cheddar cheese, chipotle aioli.  
Served arugula and roasted Roma tomatoes.

556 Cal | 41.3g Carb | 20.3g Fat | 30.4g Proteins

##### **Protein Breakfast Bowl**

Roasted Yukon and sweet potatoes, caramelized onions, bacon, breakfast sausage, scrambled eggs,  
mustard bier cheese sauce, and chives.

460 Cal | 48g Carb | 28g Fat | 34g Protein

##### **BBQ Chicken Salad gf/kf**

Hundred Acre Spring Mix. BBQ Chicken Breast, Cherry tomatoes, cucumbers, pickled red onions, roasted  
corn, black beans, Cheddar cheese, and Freshchef Ranch.

456Cal | 26g Carb | 38.4g Fat | 28g Protein

##### **White Chicken Chili gf**

This White Chicken Chili is hearty, warm, and comforting. Tender chicken breast, steamed white rice,  
beans, and corn, with a spiced creamy hatch chili broth. Topped with shredded cheddar cheese and  
scallions.

*Add works available | Low Carb Available*

450Cal | 32.6g Carb | 23.7g Fat | 32.6g Protein

Low Carb: 450 Cal | 32.6g Carb | 23.7g Fat | 32.6g Protein

##### **Chicken and Sausage Tortellini**

Grilled Italian sausage and chicken breast, cheese tortellini pasta, house marinara, and mozzarella  
cheese.

*Sub zoodles for low-carb and gluten-free*

488 Cal | 45g Carb | 17.8g Fat | 40.8g Protein

Low Carb: 345 Cal | 24g Carb | 14.3g Fat | 35.3g Protein

##### **Dandan Noodles**

A famous Sichuan street food. Hoisin garlic and ginger sauce. Ground Turkey, lo mein noodles, roasted  
carrots, and blanched broccoli. Topped with scallions and sesame.

437 Cal | 36.9g Carb | 14.7g Fat | 35.4g Protein

Low Carb - 321 Cal | 17.9g Carb | 12.4g Fat | 31.5g Protein

### 🌟 **Bourbon Glazed Meatballs**

Beef meatballs, glazed with a sweet and tangy bourbon glaze, served with blanched green beans, roasted carrots, and mashed potatoes.

475 Cal | 40g Carb | 19.1g Fat | 31.7g Protein

### 🌟 **Loaded Sweet Potato Bowl gf**

Roasted sweet potato chunks, cauliflower, poblano peppers, black bean and corn pico, fresh cilantro, shredded Jack cheese, and a cilantro lime crema.

*Add proteins Available.*

474 Cal | 52.1g Carb | 23.5g Fat | 14.5g Protein

### 🌟 **Jalapeño Popper Salmon gf**

Herb and garlic marinated salmon filet, topped with jalapeño, sundried tomato, and artichoke cream cheese. Blanched broccoli and roasted potatoes.

*Mild spice*

420 Cal | 33.4g Carb | 15.1g Fat | 39.1g Protein

**Low Carb:** 329 Cal | 13.1g Carb | 15g Fat | 38.2g Protein

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## **Family Style Meal Series - 1/8/2024 Delivery**

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

### **Chicken Quesadilla Kit - Serves 4-6**

A favorite in the Chef Austin House! Build and toast your quesadillas at home. Grilled Chicken Breast, Flour tortillas, shredded cheese, chipotle aioli for dipping. Served with Refried beans and Poblano Rice. Shredded lettuce and Pico De Gallo.

[Please check out our specials here!](#)