



Monday, January 29th Delivery

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Chef Austin's Pick

Breakfast Egg Bites gf

Four fluffy egg bites filled with applewood-smoked bacon, caramelized onions, and cheddar cheese.
Served with jacks salsa.

556 Cal | 41.3g Carb | 20.3g Fat | 30.4g Proteins

****NEW**** **Veggie Pesto Scramble - gf**

Veggie scramble with roasted potatoes, grilled zucchini, red and green bell peppers, asparagus, yellow squash, organic scrambled eggs, nut-free pesto, and shaved parmesan cheese.

Add Sirloin Available

485 Cal | 48g Carb | 18g Fat | 28g Protein

Strawberry Salad gf/kf/df

Good for you ingredients! Spinach leaf, Hundred Acre Mix, strawberries, blueberries, feta cheese, cucumbers, pistachios, cranberries, and mandarin oranges. Served with our homemade balsamic.

Please slice your strawberries

225 Cal | 15g Carb | 6g Fat | 11g Protein

Bourbon Chicken gf/df

Marinated grilled chicken thighs tossed in a tangy bourbon glaze and topped with bagel seasoning: blanched broccoli, roasted carrots, and steamed white rice.

Low Carb | Protein Options available

428 Cal | 55.8g Carb | 18g Fat | 32.2g Protein

Low Carb (GF): 380 Cal | 26.9g Carb | 18g Fat | 59g Protein

****NEW**** **Grilled Chicken BLT**

Brioche bun with lemon garlic grilled chicken breast, pepper jack cheese, Nueskes smoked bacon, organic arugula, roasted tomato, and buffalo ranch.

Sub lettuce wraps for low-carb and gluten-free

623 Cal | 48.2g Carb | 28g Fat | 32g Protein

Low Carb: 426 Cal | 19g Carb | 28g Fat | 32g Protein

Wisconsin Poutine gf

You heard that right! Diced sweet and red skin potatoes, slow braised pork shoulder, Wisconsin cheese curds, cheddar cheese, gravy, and chopped scallions.

417 Cal | 30.7g Carb | 16.6g Fat | 35.4g Protein

****NEW** Korean Beef and Rice df**

Lean ground beef seasoned with sesame, chili, and garlic, topped with scallions and toasted sesame.

Served with steamed white rice and blanched broccoli.

Sub cauliflower rice for low-carb

475 Cal | 36g Carb | 28g Fat | 30g Protein

Low Carb (GF): 383 Cal | 14.6g Carb | 28g Fat | 30g Protein

☀️Letty's Spinach and Veggie Pasta

Penne Pasta with spinach leaf, mushrooms, grilled zucchini, roasted cherry tomatoes, vegetable alfredo, shaved parmesan, and an option to add proteins. Choose the grilled chicken! ;)

Add proteins Available | Gluten Free Available

427 Cal | 49.7g Carb | 22g Fat | 11.7g Protein

Low Carb: 260 Cal | 13.8g Carb | 21.7g Fat | 7g Protein

****NEW** Shrimp Burrito Bowl gf/df**

Roasted Chipotle shrimp with steamed white rice served with corn and black bean relish and topped with pico de gallo and chipotle aioli.

446 Cal | 33.3g Carb | 18g Fat | 36g Protein

Low Carb: 356 Cal | 17g Carb 18g Fat | 36g Protein

**Family Style Meal Series -
1/29/2024 Delivery**

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

Chicken Pesto Pasta Kit - Serves 4-5

One pound grilled chicken breast, penne pasta, grilled vegetables, and Freshchef and Hundred Acres Basil Pesto.

[Please check out our specials here!](#)