



## Monday, April 1st Delivery

Save 20% on your first order with ***freshchef20*** at checkout!

Single-serving meals are available for bulk discount.

### ☀️ **Chef Austin's Pick**

#### **Bacon Egg and Cheese Burrito**

Flour tortilla, Vital Farms scrambled eggs, crispy applewood smoked bacon, shredded cheddar cheese, and served with Jack's Cantina Salsa.

*Sub corn tortillas for gluten-free*

478 Cal | 37.2g Carb | 25.5g Fat | 26.1g Protein

#### **\*\*NEW\*\* Breakfast Loaded Tots gf**

Baked potato puffs, local chorizo, Vital Farms scrambled eggs, shredded Mexican mixed cheese, scallion, and pico de gallo.

474 Cal | 34.7g Carb | 26.9g Fat | 22.6g Proteins

#### ☀️ **Cashew Chicken Salad df**

Hundred Acre Spring Mix: Roasted cashews, sesame-roasted chicken, carrot slaw, red bell peppers, edamame, mandarin oranges, sesame ginger peanut dressing.

*Protein swap available*

432 Cal | 34.1g Carb | 24g Fat | 27.2g Protein

#### **\*\*NEW\*\* ☀️ Chicken Marsala gf**

Herb-marinated roasted chicken breast topped with a creamy mushroom marsala wine sauce, blanched green beans, and Yukon gold whipped mashed potatoes.

*Low Carb and vegetable swap available*

467 Cal | 46.9g Carb | 17.3g Fat | 35.2g Protein

Low Carb (GF): 255 Cal | 16.3g Carb | 8.7g Fat | 33g Protein

#### ☀️ **Chipotle Chicken Burrito Bowl gf**

Roasted chicken breast served with cilantro rice, roasted corn black bean, and grilled zucchini relish.

Served with chipotle aioli.

*Low carb available*

595 Cal | 45.8g Carb | 31.8g Fat | 28.8g Protein

Low Carb: 463 Cal | 14.8g Carb | 31.8g Fat | 27.8g Protein

#### **\*\*NEW\*\* ☀️ Unstuffed Cabbage Bowl gf|df**

Savor the rich flavors of stuffed cabbage paired with steamed white rice, a delectable blend of beef and pork vegetable ragu, braised cabbage, and a savory red sauce. Garnished with fresh basil and parsley for a delightful finishing touch.

477 Cal | 58.2g Carb | 12.9g Fat | 28.4g Protein

Low Carb (GF): 311 Cal | 24.6g Carb | 15.8g Fat | 20g Protein

**\*\*NEW\*\* Cuban Club Sandwich**

Ciabatta bread, sliced Bavarian ham, slow braised pork shoulder, house-made pickles, sweet mustard mayo. Choice of roasted sweet potato fries or side salad.

*Lettuce wraps for low-carb and gluten-free*

497 Cal | 36.3g Carb | 22g Fat | 35g Protein

Lettuce Wrap: 352 Cal | 10.3g Carb | 20g Fat | 30.4g Protein

**\*\*NEW\*\* Tomato Cream Vegetable Tortellini**

Green leaf spinach, cheese-filled tortellini pasta, tomato cream sauce with fresh basil, roasted mushroom and onions, grilled zucchini, red bell pepper, and feta cheese.

*Low-carb and gluten-free available | Add proteins available*

506 Cal | 65.4g Carb | 18.1g Fat | 20.4g Protein

Low Carb (GF): 255 Cal | 19.3g Carb | 14.4g Fat | 13.2g Protein

**Sweet Chili Roasted Salmon g|df**

Roasted salmon served with a sweet garlic chili sauce, steamed white rice, green beans and pickled cucumbers.

*Sub cauliflower rice for low-carb*

460 Cal | 57.3g Carb | 15.8g Fat | 36.9g Protein

Low Carb: 338 Cal | 27.3g Carb | 15.8g Fat | 35.9g Protein

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**Family Style Meal Series - 4/1/2024 Delivery**

Large portions of family meals are available for your family. 4-6 Portions.

**Beef Tacos - Family Style \$49.99**

Indulge in a savory feast featuring flavorful components such as one pound of seasoned ground beef for taco filling, soft flour tortillas, creamy sour cream, crisp shredded lettuce, and zesty pico de gallo. Traditional Mexican rice and savory refried beans complement this delightful spread perfectly.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)