



Monday, June 24TH Delivery

Save 20% on your first order with ***freshchef20*** at checkout!
Single-serving meals are available for bulk discount.

🌟 **Chef Austin's Pick**

Chorizo Breakfast Burrito

Local pork chorizo, roasted potatoes, Vital scrambled eggs, cheddar cheese, and fajita veggies. Served with a tomatillo salsa.

485 Cal | 48g Carb | 18g Fat | 28g Protein

****NEW** Southwest Salad gf/kf**

[Hundred Acre Spring Mix](#): Grilled cajun chicken, roasted corn, feta cheese, roasted fajita vegetables, and cherry tomatoes, served with chipotle ranch dressing.

Sub proteins available - Mild Spice.

439 Cal | 17.2g Carb | 32.3g Fat | 26.9g Protein

Chicken Salad Sandwich

Roasted shredded chicken breast, celery, cranberries, mayo, and lemon juice are served on a brioche bun with leaf lettuce and sweet potato fries.

Sub lettuce wraps for low-carb and gluten-free

485 Cal | 40.2g Carb | 16.9g Fat | 41.8g Protein

Low Carb: 325 Cal | 10.2g Carb | 15.4g Fat | 35.8g Protein

🌟 **Chicken Bruschetta**

Lemon and herb-marinated roasted chicken breast, balsamic-marinated tomato bruschetta, fresh basil aioli, parmesan cheese, and served with penne pasta.

Low carb - cauliflower rice

480 Cal | 49.9g Carb | 16.3g Fat | 34.2g Protein

Low Carb: 324 Cal | 15.4g Carb | 15.5g Fat | 32.1g Protein

BBQ Meatloaf gf

Beef and pork meatloaf topped with sweet baby Rays BBQ sauce served with buttered corn and whipped Yukon gold mashed potatoes.

Vegetable sub available | low carb available

580 Cal | 67.8g Carb | 16.8g Fat | 38.5g Protein

Low Carb (GF): 465 Cal | 41g Carb | 16.8g Fat | 34.9g Protein

🌟 **Loaded Sweet Potato Bowl gf**

Roasted sweet potato chunks, cauliflower, poblano peppers, black bean and corn pico, fresh cilantro, shredded Jack cheese, and a cilantro lime crema.

Add proteins Available.

474 Cal | 52.1g Carb | 23.5g Fat | 14.5g Protein

🌟 **Lobster and Shrimp Salmon gf**

Chef Austins, Favorite! Roasted salmon, topped with tomato cream lobster shrimp sauce and chives.

Served with steamed white rice and blanched green beans.

520 Cal | 32.8g Carb | 21.6g Fat | 49.8g Protein

Low Carb (GF): 475 Cal | 18.6g Carb | 27.2g Fat | 42.1g Protein

Family Style Meal Series -

6/24/2024 Delivery

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

Grilled Burgers - Family Style

4 Grilled Beef Patties (same as the bulk ones), Cheddar cheese, lettuce, pickles, tomato sliced, and secret sauce. Served with mac and cheese and baked beans.

Don't miss out!

To serve: Heat the burger in the microwave for 1 minute. Add the cheese and heat for another minute. Buld with the sauce and toppings. Microwave sides in the microwave for two minutes until hot.

[Please check out our specials here!](#)