



Monday, September 30th Delivery

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🌟 **Chef Austin's Pick**

🌟 **Breakfast Egg Bites - steak (GF)**

Four fluffy egg bites filled with tender grilled steak, caramelized onions, and pepper jack cheese and served with Jack's Cantina Salsa.

556 Cal | 41.3g Carb | 20.3g Fat | 30.4g Proteins

Cashew Chicken Salad (GF)

[Hundred Acre Spring Mix](#): Roasted cashews, sesame-roasted chicken, carrot slaw, red bell peppers, edamame, mandarin oranges, sesame ginger peanut dressing.

Protein swap available TORT

432 Cal | 34.1g Carb | 24g Fat | 27.2g Protein

🌟 ****NEW** Chicken Mole (GF)**

Our signature grilled chicken is sauced with a nut-based Mexican mole sauce and served with yellow rice, pico de gallo, and pickled onions, garnished with fresh cilantro and toasted sesame seeds.

Contains nuts

620 Cal | 54 Carb | 22g Fat | 36.7g Protein

Low carb - 420 Cal | 18g Carb | 22g Fat | 36g Protein

🌟 **Chicken Fra Diavolo**

This dish brings Chef Austin back to his Bravo! Days. It features roasted chicken breast, garlic, onions, alfredo, marinara, crushed red pepper, and bow-tie pasta.

Add shrimp available | Zoodles for low carb gluten-free

Gluten-free and dairy-free are available

493 Cal | 49.2g Carb | 14.8g Fat | 34.2g Protein

Low carb - 298 Cal | 11.1g Carb | 15.2g Fat | 28.7g Protein

Swedish Meatballs

7 Beef and pork meatballs, mashed potatoes, light brown gravy, blanched broccoli. Served with a lingonberry sauce.

Sub zoodles for low-carb

450 Cal | 30g Carb | 22.4g Fat | 31.8g Protein

Low Carb (GF): 383 Cal | 15.1g Carb | 22.5g Fat | 30.7g Protein

Black Bean Burger

Enjoy a savory Black Bean Morning Star vegetarian burger infused with aromatic spices and topped with zesty pepper jack cheese. Served on a split-top bun with either roasted sweet potato fries or a refreshing salad featuring roasted tomato. Served with chipotle Aioli.

Low Carb lettuce wrap Available

427 Cal | 55.4g Carb | 9.1g Fat | 23.4g Protein

Low Carb (GF): 273 Cal | 26.8g Carb | 7.3g Fat | 17.4g Protein

Korean Roasted Salmon

Freshchef roasted salmon filet glazed with a Korean BBQ glaze, white rice, edamame, shredded carrots, cabbage, and pickled cucumber, served with sriracha mayo.

Shrimp available | Sub cauliflower rice for low-carb

534 Cal | 21.6g Carb | 28.5g Fat | 47.9g Protein.

Family Style Meal Series - 10/7/2024 Delivery

Chipotle Chicken Pitas - 6 servings

Grilled chicken thighs, pepper jack cheese, chipotle lime aioli, pico de gallo, grilled pita bread.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)