



Monday, September 23rd Delivery

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☀️ **Chef Austin's Pick**

Breakfast Loaded Tots (GF)

Baked potato puffs, local chorizo, organic scrambled eggs, shredded Mexican mixed cheese, scallion, and pico de gallo.

474 Cal | 34.7g Carb | 26.9g Fat | 22.6g Proteins

Chef Austin's Italian Salad (GF)

Hundred-acre spring mix, marinated chickpeas, black olives, cherry tomatoes, cucumbers, roasted artichoke hearts, feta cheese and Italian dressing.

Add proteins available

440 Cal | 10.1g Carb | 28g Fat | 18g Protein

☀️ **Buffalo Chicken Mac**

Yes, yes. The time has come. Elbow noodles, cheddar cheese sauce, buffalo grilled chicken, blanched broccoli.

Gluten-free pasta available | Plain grilled Chicken Available

546 Cal | 30.5g Carb | 22g Fat | 40.1g Protein

Low Carb: 379 Cal | 16.6g Carb | 21.6g Fat | 35.5g Protein

☀️ **Bourbon Chicken (GF)(DF)**

Marinated grilled chicken thighs tossed in a tangy bourbon glaze and topped with bagel seasoning: blanched broccoli, roasted carrots, and steamed white rice.

Low Carb | Protein Options available

428 Cal | 55.8g Carb | 18g Fat | 32.2g Protein

Low Carb (GF): 380 Cal | 26.9g Carb | 18g Fat | 59g Protein

☀️ **BBQ Meatloaf (GF)**

Beef and pork meatloaf topped with sweet baby Rays BBQ sauce served with buttered corn and whipped Yukon gold mashed potatoes.

Vegetable sub available | low carb available

580 Cal | 67.8g Carb | 16.8g Fat | 38.5g Protein

Low Carb (GF): 320 Cal | 9.1g Carb | 15.1g Fat | 43.1g Protein

Black Bean and Sweet Potato Burrito

Seasoned black beans, roasted onions, sweet potato, bell peppers, corn, cheddar cheese, flour tortilla, sour chipotle cream.

no dairy available | Add proteins

454 Cal | 60g Carb | 13g Fat | 23g Protein

Pesto Baked Salmon (GF)

Freshchef baked salmon filet served with Hundred Acre | Freshchef Pesto, steamed green beans, and roasted Yukon potatoes.

Shrimp available | Sub cauliflower rice for low-carb

455 Cal | 42g Carb | 22g Fat | 33g Protein

Family Style Meal Series - 9/23/2024 Delivery

CLASSIC LASAGNA

OUT LAYERED BEEF LASAGNA WITH BEEF BOLOGNESE, RED SAUCE, ALFREDO, MOZARELLA AND RICOTTA. SERVED WITH A SIDE SALAD AND GARLIC BREAD.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)