



## Monday, September 16th Delivery

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### ☀️ **Chef Austin's Pick**

#### ☀️ **Sweet Potato Breakfast Noshers (GF)**

Organic scrambled eggs, local shredded cheese, toasted cashews, pickled red onions, roasted sweet potato wedges, and a mustard cheese sauce.

434 Cal | 27.1g Carb | 25.2g Fat | 29.5g Protein

#### **Freshchef 7 Layered Salad (GF)**

A Freshchef favorite. [Hundred Acre Spring Mix](#), roasted corn, peas, red bell pepper, bacon, cheddar cheese, scallions, creamy herbed dressing.

*Add chicken, steak or shrimp available*

403 Cal | 28.7g Carb | 26.9g Fat | 15.5g Protein

#### ☀️ **\*\*NEW\*\* Pesto Chicken Pasta**

Pesto Collaboration with Hundred Acre Farms. Penne pasta with a white wine veggie broth, marinated grilled chicken breast, roasted Roma tomato, shredded mozzarella cheese, and fresh basil pesto.

*Sub-gluten-free pasta is available. Contains nuts.*

440 Cal | 44g Carb | 19g Fat | 36g Protein

**Low Carb (GF):** 306 Cal | 22g Carb | 18.6g Fat | 34g Protein

#### ☀️ **Chipotle Chicken Sandwich**

Brioche bun with lemon garlic grilled chicken breast, pepper jack cheese, chipotle aioli, and pico de gallo salsa, with roasted potato wedges or a side salad.

*Sub lettuce wraps for low-carb and gluten-free*

611 Cal | 55.1g Carb | 26g Fat | 35.6g Protein

**Low Carb:** 444 Cal | 29.6g Carb | 21g Fat | 31.2g Protein

#### ☀️ **Coach's Tater Tot Casserole GF**

Deliciously seasoned ground beef cooked with creamy mushrooms, crisp green beans, sweet potato tater tots, and a generous topping of shredded mixed cheese, served alongside tender steamed broccoli.

Enjoy!

409 Cal | 18.4g Carb | 22.5g Fat | 33.2g Protein

#### ☀️ **Vegetarian Chili**

Spiced tomato sauce, kidney beans, black beans, onion, carrots, bell peppers, corn, grilled zucchini. Served with elbow noodles, sour cream, mixed cheeses, and tomatillo guacamole sauce. Cornbread muffin

*No dairy available | Gluten-free available*

**\*\*NEW\*\* Bang Bang Shrimp (GF)(DF)**

8 pcs Perfectly roasted jumbo shrimp served alongside blanched broccoli, seasoned white rice, bang bang shrimp sauce for dipping, and garnished with scallions.

*Sub cauliflower rice for low-carb*

312 Cal | 30g Carb | 9.4g Fat | 27g Protein

**Low Carb (GF): 247 Cal | 15.5g Carb | 9.2g Fat | 26.9g Protein**

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## Family Style Meal Series - 9/16/2024 Delivery

### TACO TUESDAY

**ONE POUND TACO SEASONED TURKEY, FLOUR TORTILLAS, PICO DE GALLO, SHREDDED CHEDDAR CHEESE, CHIPOTLE CREAM SAUCE.**

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)