



Monday November 18th, Delivery

Save 20% on your first order with ***freshchef20*** at checkout!

Be on the lookout for Thanksgiving Sides this month!

🌟 **Chef Austin's Pick**

🌟 **Breakfast Burrito**

Scrambled eggs, bacon, sweet potatoes, cheddar cheese, roasted onions, and herbed tortilla. Served with Jack's cantina salsa.

454 Cal | 60g Carb | 13g Fat | 23g Protein

****NEW**** 🌟 **Sweet Potato & Kale Power Salad**

Roasted sweet potatoes, kale and spring mix, pumpkin seeds, quinoa, cranberries, and feta cheese, served with a maple-balsamic dressing.

450 Cal | 45g Carb | 20g Fat | 12g Protein

🌟 **Chicken Parm Pasta**

Breaded chicken breast topped with marinara, shaved parm, and mozzarella, laying on a bed of linguine pasta tossed in an alfredo sauce and fresh spinach.

low-carb and gluten-free available

477 Cal | 62.3g Carb | 18.6g Fat | 39g Protein

Low Carb (GF): 306 Cal | 11.2g Carb | 18.6g Fat | 39g Protein

🌟 **White Chicken Chili gf**

This White Chicken Chili is hearty, warm, creamy, and comforting. It features tender chicken breasts, steamed white rice, beans, and corn in a creamy hatch chili broth, topped with shredded cheddar cheese and scallions.

Add works available | Low Carb Available

450Cal | 32.6g Carb | 23.7g Fat | 32.6g Protein

Low Carb: 450 Cal | 32.6g Carb | 23.7g Fat | 32.6g Protein

🌟 **Dandan Noodles**

A famous Sichuan street food consists of hoisin garlic and ginger sauce, ground turkey, lo mein noodles, roasted carrots, and blanched broccoli topped with scallions and sesame.

437 Cal | 36.9g Carb | 14.7g Fat | 35.4g Protein

Low carb - 321 Cal | 17.9g Carb | 12.4g Fat | 31.5g Protein

Butternut Squash Soup. 16oz Serving (GF)

This is a smooth and velvety soup made with roasted butternut squash, vegetables, vegetable stock, and a touch of cream.

250 Cal | 35g Carb | 12g Fat | 5g Protein

****NEW** Bang Bang Shrimp g|df**

8 pcs Perfectly roasted jumbo shrimp served alongside blanched broccoli, seasoned white rice, bang bang shrimp sauce for dipping, and garnished with scallions.

Sub cauliflower rice for low-carb

312 Cal | 30g Carb | 9.4g Fat | 27g Protein

Low Carb (GF): 247 Cal | 15.5g Carb | 9.2g Fat | 26.9g Protein

Family Style Meal Series - 11/18/2024 Delivery

Turkey Bolognese Kit

A hearty turkey meat sauce stewed with fresh vegetables and a rich tomato sauce. Served with spaghetti, a side garden salad, and garlic bread.

Soup

Butternut Squash Soup

This is a smooth and velvety soup made with roasted butternut squash, vegetables, vegetable stock, and a touch of cream.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)