



**Monday, November 25th, Delivery - limited menu**  
 Save 20% on your first order with ***freshchef20*** at checkout!

**Thanksgiving sides are now available!**

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**☀️ Chef Austin's Pick**

**Apple Cinnamon Baked Oatmeal gf**

Old-fashioned oats, milk, honey, and stewed cinnamon apples. Served with a side of maple syrup and Greek yogurt.

455 Cal | 28g Carb | 26g Fat | 32g Protein

**☀️ Steak Salad (GF)**

[Hundred Acre Spring Mix](#): With lemon garlic grilled sirloin, roasted corn, pickled red onions, sweet cherry tomatoes, cucumbers, and crumbled feta cheese, served with a cilantro lime vinaigrette.

*Protein swap available. Dairy-free available*

362 Cal | 15.5g Carb | 29.9g Fat | 10.8g Protein

**☀️ Chicken and "Dumplings"**

Marinated and roasted chicken breast, chicken broth cream, peas, corn, carrots, fresh dill, parsley, poached potato gnocchi, and lemon wedge.

*Sub zoodles for low-carb AND Gluten free*

497 Cal | 46g Carb | 18.8g Fat | 35.5g Protein

**Low Carb (GF): 281 Cal | 20.1g Carb | 7.5g Fat | 33.4g Protein**

**Turkey Club Sandwich**

Ciabatta bread, in-house roasted sliced turkey, Nueske's Bacon, cheddar cheese, spring mix, roasted Roma tomato—basil aioli.

676 Cal | 44.3g Carb | 41.5g Fat | 43.7g Protein

**Lettuce Wrap: 479 Cal | 8.2g Carb | 39.5g Fat | 36.9g Protein**

**☀️ Lobster and Shrimp Salmon gf**

Chef Austins, Favorite! Roasted salmon, topped with tomato cream lobster shrimp sauce and chives. Served with steamed white rice and blanched green beans.

520 Cal | 32.8g Carb | 21.6g Fat | 49.8g Protein

**Low Carb (GF): 475 Cal | 18.6g Carb | 27.2g Fat | 42.1g Protein**

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## Family Style Meal Series - Returns 12/2/2024

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)