



Monday, December 2nd Delivery

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☀️ **Chef Austin's Pick**

Hashbrown Casserole (GF)

Crispy shredded hash browns topped with savory bacon, diced ham, scallions, and melted cheddar cheese and served with a dollop of sour cream and fresh spinach.

455 Cal | 28g Carb | 26g Fat | 32g Protein

☀️ **Burger Bowl Salad (GF)**

[Hundred Acre Spring Mix](#): Choose from grilled chicken or ground beef, caramelized onions, grape tomato, shredded cheddar cheese, and dill pickled, served with a sweet and savory "mac" sauce.

445 Cal | 12g Carb | 31.9g Fat | 27.2g Protein

☀️ **Chicken Alfredo Lasagna**

Layered lasagna sheets with shredded chicken, mozzarella cheese, ricotta cheese, spinach, and black pepper. Served with a side of blanched broccoli.

641 Cal | 34.9g Carb | 37.7g Fat | 42g Protein

☀️ **Teriyaki Chicken (DF)**

Grilled Teriyaki chicken thighs, roasted pineapple, vegetable rice pilaf with peas, carrots, red bell pepper, and a side of teriyaki glaze.

Sub cauliflower rice for low-carb

430 Cal | 32g Carb | 15g Fat | 38g Protein

Low Carb (GF): 369 Cal | 21.4g Carb | 15.5g Fat | 39.8g Protein

****NEW** Tuna Pasta Salad (DF)**

Chicken of the sea Tuna, shell pasta, lemon aioli, onions, peas, relish, roasted corn. Topped with fresh parsley, dill, and diced tomato. Served with a side salad.

Lettuce Wraps Available for Gluten Free

525 Cal | 75g Carb | 22.9g Fat | 24.3g Protein

Black Bean and Sweet Potato Tacos

A black bean relish with fresh lime juice, cilantro, sweet potatoes, roasted corn and onions, grilled zucchini, and diced tomato. Served with a creamy cilantro sauce flour tortillas.

Corn tortillas for gluten-free

404 Cal | 46.2g Carb | 19.8g Fat | 11.2g Protein

Corn Tortillas (GF): 366 Cal | 38.1g Carb | 19.5g Fat | 10.5g Protein

🌟 Shrimp Curry (GF) (DF)

BBQ roasted Shrimp in a rich coconut curry sauce, vegetable medley, fluffy steamed white rice, lime wedge, and garnished with scallions.

Sub cauliflower rice for low-carb

420 Cal | 36g Carb | 28g Fat | 36g Protein

Low Carb: 329 Cal | 13.1g Carb | 28g Fat | 36g Protein

Family Style Meal Series

Marry Me Chicken

Marinated grilled chicken breast, sundried tomato cream sauce with spinach, penne pasta, and baked-at-home garlic bread.

Soup

Split Pea and Ham

Peas, ham, and veggies all cooked together in a tasty, cozy soup.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)