



## Monday, December 9TH Delivery

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### ☀️ **Chef Austin's Pick**

#### **\*\*NEW\*\* Pesto Breakfast Sandwich**

Pesto Collaboration with Hundred Acre Farms. Plain Bagel with a fried egg, mozzarella cheese, oven-roasted tomato, and arugula.

*Add ham or sirloin, available*

509 Cal | 52g Carb | 23.7g Fat | 22.6g Proteins

#### ☀️ **Chef Austin's Italian Salad (GF)**

Hundred-acre spring mix, marinated chickpeas, black olives, cherry tomatoes, cucumbers, roasted artichoke hearts, feta cheese and Italian dressing.

*Add proteins available*

440 Cal | 10.1g Carb | 28g Fat | 18g Protein

#### ☀️ **Elote Chicken Pasta**

Freshchefs grilled chicken breast, penne pasta, hatch chili cream sauce, roasted corn and poblano relish, tomato, cilantro, and lime.

*GF pasta available*

545 Cal | 42g Carb | 26g Fat | 32g Protein

#### **Chicken Bacon and Ranch (GF)**

Herb and garlic marinated chicken breast, bacon, cheddar cheese, blanched green beans, and roasted red-skin potatoes. Served with a side of Freshchef ranch.

513 Cal | 33.6g Carb | 28.8g Fat | 30.6g Protein

Low Carb: 440 Cal | 13.6g Carb | 28.8g Fat | 30.6g Protein

#### **Beef Stuffed Peppers (GF)**

The dish is topped with green peppers, ground beef with tomato sauce, rice, carrots, celery, onions, and Wisconsin mozzarella cheese.

402 Cal | 25.8g Carb | 21.8g Fat | 26.5g Protein

Low Carb (GF): 337 Cal | 11.3g Carb | 21.6g Fat | 26.4g Protein

#### ☀️ **Vegetarian Chili**

Spiced tomato sauce, kidney beans, black beans, onion, carrots, bell peppers, corn, grilled zucchini.

Topped with mixed cheeses, sour cream, and a cornbread muffin

*no dairy option is available | GF for no cornbread*

454 Cal | 60g Carb | 13g Fat | 23g Protein

### **Mango Shrimp Tacos**

Barbecue roasted shrimp is served with flour or corn tortillas, vibrant mango salsa, and marinated coleslaw.

*Corn tortillas for gluten-free*

418 Cal | 33.2g Carb | 24.2g Fat | 17.3g Protein

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## **Family Style Meal Series**

### **Spaghetti and Meatballs**

**16 beef and chicken meatballs smothered in homemade marinara, served with spaghetti noodles, garlic bread, and a garden salad.**

### **Soup**

#### **Chicken and Dumpling**

Roasted chicken and vegetables, chicken broth, fresh herbs and dumplings.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)