



## Monday, December 23rd Delivery

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**Please look at our Holiday Sides. Labeled (HS) inside the app and menu.**

### 🌟 *Chef Austin's Pick*

#### **Breakfast Egg Bites - steak (GF)**

Four fluffy egg bites filled with tender grilled steak, caramelized onions, and pepper jack cheese and served with Jack's Cantina Salsa.

556 Cal | 41.3g Carb | 20.3g Fat | 30.4g Proteins

### 🌟 *Chef's Seasonal Grain Bowl*

A Southwest warm grain bowl loaded with veggies and fiber. It includes rice, barley, quinoa, and a kale mix. Grape tomatoes, roasted sweet corn, seasoned black beans, pico de gallo, and bell peppers are also included. The bowl is served with a cilantro-lime cream sauce.

*Add protein available*

335 Cal | 70g Carb | 3.2g Fat | 13.2g Protein

#### **Basil Chicken Pasta**

Marinated and roasted chicken breast, penne pasta, balsamic and garlic marinated tomatoes, Parmesan cheese, basil aioli.

*Gluten-free pasta and zoodles for low carb available*

396 Cal | 30.6g Carb | 29.6g Fat | 20.5g Protein

Low Carb: 329 Cal | 11g Carb | 16.2g Fat | 35.6g Protein

### **\*\*NEW\*\*** 🌟 *Breaded Chicken Parm Sandwich*

Breaded chicken parmesan topped with housemade marinara mozzarella cheese stuffed between a ciabatta bun and served with parmesan roasted broccoli and carrots.

633 Cal | 23g Carb | 49g Fat | 25.9g Protein

#### **Wisconsin Poutine (GF)**

You heard that right! Diced sweet and red skin potatoes, slow braised pork shoulder, Wisconsin cheese curds, cheddar cheese, gravy, and chopped scallions.

417 Cal | 30.7g Carb | 16.6g Fat | 35.4g Protein.

#### **Vegetable Fried Rice (DF)**

Steamed white rice, carrots, corn, peas, grilled zucchini, yellow squash, red bell peppers, broccoli, scallions, and fried eggs are served with a teriyaki sauce. **Psst.. add the shrimp.**

*Add protein available | Gluten-free available with no sauce*

339 Cal | 69.3g Carb | 3g Fat | 8.4g Protein

### Florentine Roasted Salmon (GF)

Herb and garlic marinated salmon filet, topped with sundried tomato, spinach, and artichoke cream sauce,  
Blanched broccoli, and roasted Yukon potatoes.

*Sub cauliflower rice for lower-carb*

420 Cal | 33.4g Carb | 15.1g Fat | 39.1g Protein

*Low Carb (GF): 404 Cal | 16.5g Carb | 15.5g Fat | 39g Protein*

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## Family Style Meal Series - Returns 12/20/2024

**Please look at our Holiday Sides Label (HS) inside the app and menu.**

### Soup

#### **Cream of Mushroom and Wild Rice (GF)**

Wild roasted mushrooms with a chicken broth-based soup, wild rice, cream, and butter.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)