



Monday, December 30th Delivery

Save 20% on your first order with *freshchef20* at checkout!

Happy New Year!

🌟 *Chef Austin's Pick*

Chorizo Breakfast Burrito

Local pork Chorizo, roasted potatoes, cheddar cheese, fajita veggies. Served with a tomatillo avocado salsa.

485 Cal | 48g Carb | 18g Fat | 28g Protein

🌟 **Chef's Seasonal Grain Bowl**

A Southwest warm grain bowl loaded with veggies and fiber. It includes rice, barley, quinoa, and a kale mix. Grape tomatoes, roasted sweet corn, seasoned black beans, pico de gallo, and bell peppers are also included. The bowl is served with a cilantro-lime cream sauce.

Add protein available

335 Cal | 70g Carb | 3.2g Fat | 13.2g Protein

Chicken Marsala Pasta

Rigatoni pasta is topped with grilled chicken breast, roasted mushrooms and onions, marsala wine sauce, fresh herbs, and herb cream cheese. Yum!

545 Cal | 42g Carb | 26g Fat | 32g Protein

Low Carb (GF): 322 Cal | 11.2g Carb | 26g Fat | 31g Protein

🌟 **Bourbon Chicken *gf***

Marinated grilled chicken thighs tossed in a tangy bourbon glaze and topped with bagel seasoning: blanched broccoli, roasted carrots, and steamed white rice.

Low Carb | Protein Options available

428 Cal | 55.8g Carb | 18g Fat | 32.2g Protein

Low Carb (GF): 380 Cal | 26.9g Carb | 18g Fat | 59g Protein

🌟 **Turkey Chili**

Are we ready for comfort? Mild Spice

Slow-cooked turkey chili with warm spices, accompanied by hatch chilis, smoked jalapenos, kidney beans, and veggies, is served with sour cream and a cornbread muffin. *For gluten-free, choose no muffin.*

Add works Available: Tomato and Jalapenos.

478 Cal | 21.2g Carb | 36g Fat | 36.8g Protein

🌟 **Tomato Gnocchi VEG**

Blanched potato gnocchi, tomato basil cream sauce, roasted cherry tomatoes, fresh spinach, grilled zucchini, and shredded parmesan cheese.

zoodles for low carb | add proteins available |

356 Cal | 43g Carb | 28g Fat | 19g Protein

☀️NEW** Shrimp Burrito Bowl gf/df**

Our roasted spiced shrimp is served with chipotle sauce, pico de gallo, black beans, and yellow rice.

Sub cauliflower rice for low carb | Add Tortillas available.

454 Cal | 42.5g Carb | 15.2g Fat | 40.8g Protein

Family Style Meal Series - Returns 12/20/2024

Carnitas Tacos

Pulled Carnitas meat, served with local corn tortillas (12), cilantro cream, pico de gallo, and shredded cabbage.

Soup

Cream of Mushroom and Wild Rice (GF)

Wild roasted mushrooms with a chicken broth-based soup, wild rice, cream, and butter.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)