



Monday, February 2nd, 2025

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 **Chef Austin's Pick**

****NEW** Chicken N' Biscuit**

Letty's breaded chicken breast is served with scrambled eggs, chorizo gravy, and a buttermilk biscuit.

**sub two chicken sausage patties available.*

582 Cal | 47.3g Carb | 28.6g Fat | 50.2g Proteins

 **Chef's Seasonal Grain Bowl**

Next in the grain salad series is the Mediterranean with kale, quinoa, farro, barley, grilled zucchini, bell peppers, and roasted chickpeas. Option to add feta cheese and proteins.

Add proteins available

335 Cal | 70g Carb | 3.2g Fat | 13.2g Protein

 **White Chicken Chili (GF)**

This White Chicken Chili is hearty, warm, creamy, and comforting. It features tender chicken breasts, steamed white rice, beans, and corn in a creamy hatch chili broth, topped with shredded cheddar cheese and scallions.

Add works available | Low Carb Available

450 Cal | 32.6g Carb | 23.7g Fat | 32.6g Protein

Low Carb: 450 Cal | 32.6g Carb | 23.7g Fat | 32.6g Protein

 **Turkey "Egg Roll" In a Bowl (GF)**

Ginger-garlic ground turkey breast, roasted cabbage, corn, carrots, green beans, red bell pepper, steamed white rice, sesame, and scallion, served with sweet chili mayo.

472 Cal | 40.9g Carb | 20.7g Fat | 33.9g Protein

Bourbon Glazed Meatballs

Beef meatballs, glazed with a sweet and tangy bourbon glaze, served with blanched green beans and mashed potatoes.

Gluten-free meatballs available

482 Cal | 48.6g Carb | 25.6g Fat | 16.7g Protein

Black Bean Burger

Enjoy a savory Black Bean Morning Star vegetarian burger infused with aromatic spices and topped with zesty pepper jack cheese. Served on a split-top bun with roasted sweet potato tots and Served with chipotle Aioli.

Low Carb lettuce wrap Available

427 Cal | 55.4g Carb | 9.1g Fat | 23.4g Protein

Low Carb (GF): 273 Cal | 26.8g Carb | 7.3g Fat | 17.4g Protein

****NEW** 🌟 Shrimp Scampi Pasta**

Lemon garlic roasted shrimp served with linguine pasta, lemon cream sauce, fresh herbs, and a side of broccoli.

468 Cal | 36.9g Carb | 16.6g Fat | 41.5g Protein

Low Carb: 363 Cal | 15.9g Carb | 16.1g Fat | 38g Protein

Family Style Meal Series

Marry Me Chicken

Marinated grilled chicken breast, sundried tomato cream sauce with spinach, penne pasta, and baked-at-home garlic bread.

Serves 4-5

Soup

Lemon Chicken and Orzo

Chicken broth-based soup with veggies, grilled chicken, fresh lemon and herbs, and orzo pasta.

32 oz serving | 3-4 servings.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)