



Monday, May 5th, 2025 Delivery

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Chef Austin's Pick

Grilled Steak Breakfast Burrito

Roasted beef tenderloin, caramelized onions, roasted peppers, cheddar cheese, scrambled eggs. Jack's Salsa Cantina salsa

454 Cal | 60g Carb | 13g Fat | 23g Protein

Chef's Seasonal Grain Bowl

A seasonal grain bowl with fiber and protein consists of white rice, barley, kale, farro, quinoa, shredded Brussels sprouts, roasted sweet potato, cranberries, and roasted chickpeas. It is served with a honey-lime and herb vinaigrette.

Add the proteins available

335 Cal | 70g Carb | 3.2g Fat | 13.2g Protein

Cream of Chicken and Vegetable (GF)

Bringing it back to Chef Austin's Childhood: steamed white rice with grilled chicken breast, chicken broth and cream, peas, carrots, green beans, corn, grilled zucchini, and red bell peppers.

546 Cal | 30.5g Carb | 22g Fat | 40.1g Protein

Low Carb: 379 Cal | 16.6g Carb | 21.6g Fat | 35.5g Protein

Chicken Bulgogi

Korean BBQ Grilled chicken, udon noodles, Mixed vegetables, blanched broccoli, and scallions, served with Korean BBQ sauce.

Low Carb Available

480 Cal | 56.4g Carb | 9.5g Fat | 41.2g Protein

Low Carb: 292 Cal | 18.2g Carb | 9.1g Fat | 35.3g Protein

****NEW** Garlic Butter Steak**

Garlic butter steak bites served with asparagus and vegetable couscous. The couscous contains asparagus, grilled zucchini, grilled red onion, bell peppers, fresh basil, and parsley.

Zoodles for low-carb | Gluten-Free Available

565 Cal | 51g Carb | 26.2g Fat | 29.5g Protein

Low Carb (GF): 384 Cal | 18.2g Carb | 23.2g Fat | 25.1g Protein

Wisconsin Poutine (GF)

You heard that right! Diced sweet and red skin potatoes, slow-braised pork shoulder, Wisconsin cheese curds, cheddar cheese, gravy, and chopped scallions.

417 Cal | 30.7g Carb | 16.6g Fat | 35.4g Protein.

****NEW** 🌟 Chipotle Shrimp Tacos**

Spiced roasted shrimp with a grilled vegetable fajita blend, cilantro lime steamed white rice, flour tortillas, and chipotle cream sauce.

Gluten-free available

468 Cal | 36.9g Carb | 16.6g Fat | 41.5g Protein

Low Carb: 363 Cal | 15.9g Carb | 16.1g Fat | 38g Protein

Family Style Meal Series

Grilled Chicken Fried Rice

Teriyaki grilled chicken thighs served with vegetable fried rice and steamed broccoli.

Large portions of family meals are available for your family. 4-6 Portions.

All are available under the [Specials tab](#).

[Please check out our specials here!](#)