

## Tuesday, May 27th, 2025 Delivery

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# \*\*No Delivery MEMORIAL DAY\*\*

Delivery will take place on Tuesday, May 27th at 4 pm.



#### **Grilled Summer Squash Grain Bowl**

A seasonal grain bowl with fiber and protein consists of white rice, barley, kale, farro, quinoa, grilled yellow squash, zucchini, red bell peppers, red onions, and asparagus. Served with a sweet garlic vinaigrette.

Add the proteins available 335 Cal | 70g Carb | 3.2g Fat | 13.2g Protein

#### **Elote Chicken Pasta**

Freshchefs grilled chicken breast, penne pasta, hatch chili cream sauce, roasted corn and poblano relish, tomato, cilantro, and lime.

545 Cal | 42g Carb | 26g Fat | 32g Protein

## \*\*NEW\*\* \*\*Chicken Marsala gf

Herb-marinated roasted chicken breast topped with a creamy mushroom marsala wine sauce, blanched green beans, and Yukon gold whipped mashed potatoes.

Low-carb and vegetable swap available

467 Cal | 46.9g Carb | 17.3g Fat | 35.2g Protein

Low Carb (GF): 255 Cal | 16.3g Carb | 8.7g Fat | 33g Protein

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Steamed white rice with garlic and onion, seasoned beef, caramelized onions, cheddar cheese, and served with secret sauce.

Gluten-free meatballs available

482 Cal | 48.6g Carb | 25.6g Fat | 16.7g Protein

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Roasted salmon is served with a sweet garlic chili sauce, steamed white rice, broccoli, Sub cauliflower rice for low-carb

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460 Cal | 57.3g Carb | 15.8g Fat | 36.9g Protein

Low Carb: 338 Cal | 27.3g Carb | 15.8g Fat | 35.9g Protein

Please check out our frozen meals!

Family Style Meal Series
Will Return Fall 2025