

Monday, November 17th, 2025, Delivery

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Chef Austin's Pick

****NEW** Peach Cobbler French Toast**

Chef Lettys's Peach Cobbler baked French toast. Brioche bread, milk, honey, sugar, sliced peaches, and brown sugar. Served with Greek yogurt and maple syrup.

440 Cal | 40g Carb | 14g Fat | 37g Protein

Chef's Seasonal Grain Bowl

Mediterranean grain bowl with kale, quinoa, farro, barley, grilled zucchini, bell peppers, feta cheese, and roasted chickpeas served with tzatziki cream sauce.

Add proteins available | Dairy-free options available

335 Cal | 70g Carb | 3.2g Fat | 13.2g Protein

Chicken Fajitas gf/df

Our signature grilled chicken thighs are marinated in a blend of spices and lime. It is served with fajita vegetables, grilled zucchini, and steamed cilantro white rice.

Add tortillas available | Corn tortillas are available for gluten-free options.

344 Cal | 28.9g Carb | 11.2g Fat | 31.5g Protein

Low Carb (GF): 284 Cal | 15.4g Carb | 11.5g Fat | 31.4g Protein

Buffalo Chicken Mac

Cavatappi pasta, yellow cheddar cheese sauce, grilled chicken breast smothered in buffalo sauce, and served with blanched broccoli. A fresh chef favorite!

Zoodles for gluten-free carb | Plain Chicken Available

546 Cal | 30.5g Carb | 22g Fat | 40.1g Protein

Low Carb: 379 Cal | 16.6g Carb | 21.6g Fat | 35.5g Protein

Saffron Risotto (GF)

Creamy saffron risotto flavored with chicken stock, saffron, peas, carrots, fresh parsley, and shaved parmesan cheese.

450 Cal | 36g Carb | 18g Fat | 20g Protein

Freshchef Beef Stew

Roasted beef tenderloin, steamed baby carrots, green beans, peas, corn, Yukon potatoes, beef gravy, and fresh parsley.

450 Cal | 30g Carb | 22.4g Fat | 31.8g Protein