

# Monday, December 15th, 2025, Delivery

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☆ Chef Austin's Pick

## **Breakfast Loaded Tots (GF)**

Baked potato puffs, organic scrambled eggs, chopped bacon, shredded mixed cheese, scallion, and pico de gallo.

474 Cal | 34.7g Carb | 26.9g Fat | 22.6g Proteins

# **☆Chef's Seasonal Grain Bowl**

Seasonal grain bowl loaded with fiber and protein, it consists of white rice, barley, kale, farro, quinoa, shredded Brussels sprouts, roasted sweet potato, cranberries, and roasted chickpeas. It is served with a honey-lime and herb vinaigrette.

Add proteins available
335 Cal | 70g Carb | 3.2g Fat |13.2g Protein

### ☆ Homestyle Chicken (GF)

Freshchef grilled chicken breast topped with chicken gravy, green beans, sweet baby carrots, and home-made Yukon gold mashed potatoes.

550 Cal | 38g Carb | 32g Fat | 44g Protein

# \*\*NEW\*\* \*\*Chicken Pazole Verde (GF)

This soup-style dish is served with steamed white rice, chicken breast, tomatillo-based broth with onions, garlic, and cilantro, roasted chili,s and golden hominy. This is a warm and savory master piece.

Low Carb Available | This dish has mild spice

462 Cal | 55.3g Carb | 8.4g Fat | 39.7g Protein

Low Carb: 282 Cal | 15.2g Carb | 8.7g Fat | 37.6g Protein

#### **Meatballs and Vodka Cream Pasta**

Penne pasta with a vodka cream sauce, served with chicken and beef meatballs, shaved parmesan cheese, and fresh parsley.

Gluten-Free Pasta Available.

402 Cal | 25.8g Carb | 21.8g Fat | 26.5g Protein

Low Carb (GF): 337 Cal | 11.3g Carb | 21.6g Fat | 26.4g Protein

### \*\*\*NEW\*\* Maple Dijon Salmon (GF)

Roasted Salmon served with a maple mustard glaze, grilled vegetable medley, and steamed white rice.

Sub cauliflower rice for low-carb

506 Cal | 42g Carb | 26g Fat | 42g Protein

Low Carb: 357 Cal | 13g Carb | 26g Fat | 42g Protein