

SALADS

Add 8oz soup 2

Apple Pecan Salad 13 (GF)

Spring mix | feta cheese | butter-glazed pecans | dried cranberries | sliced green apples | balsamic dressing. **Add Chicken 2**

Steak Salad 15 (GF) ★

Spring mix | corn | cucumber | pickled onions | cherry tomato | lemon pepper steak | creamy horseradish dressing.

Southwest Salad 14 (GF)

Spring mix, corn, black beans, pico de gallo, shredded cheese, crispy tortilla strips. Cilantro lime ranch dressing. *Add, Chicken or Steak*

SOUPS

Cup (8oz) 6.5 | Bowl (16oz) 11

Add Grilled Cheese 4

Bowls are served with a warm baguette and butter.

Ask about our weekly soup options.

Combos come with fruit + chips + cookie + a drink. Swap chips for soup 2

Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

WRAPS

Solo 13 | Combo 15

Grilled Chicken Caesar Wrap ★

Spinach tortilla, romaine lettuce, shaved parmesan, grilled chicken, herb croutons, caesar dressing.

Southwest Veggie Wrap

Flour tortilla, spinach, corn, black beans, pico de gallo, chipotle aioli, crispy tortilla strips. - **Add Chicken 2**

Korean Chicken Wrap

Flour tortilla, Korean glazed chicken, romaine lettuce, shredded carrots, pickled cucumbers

★ PROTEIN BOWLS 15

Bourbon Chicken Chipotle Chicken Carnitas

★ FreshChef Favorites

PANINI | SANDWICH

Solo 13 | Combo 15

Cuban Panini

Turano Panini Bread | Swiss cheese | slow roasted pulled pork | sliced ham | sweet Dijon mustard | dill pickles

Buffalo Chicken Panini ★

Panini Bread, sliced grilled chicken, fontina cheese, buffalo sauce, ranch, shredded lettuce, sliced tomato.

Pesto Turkey Panini

Panini bread, oven-roasted turkey breast, sliced tomato, pesto, fontina and mozzarella cheese.

Pesto Caprese Panini (Vegetarian)

Fresh Mozzarella | Sliced Balsamic Marinated Tomato | Pesto Spread | Tomato Focaccia - **Add chicken 2**

Italian Stallion Sandwich

8" Turano Roll, Bavarian ham, garlic aioli, pepperoni, salami, olives, mild banana peppers, shredded lettuce, tomato, Italian vinaigrette.

Chicken Bacon Ranch Avocado Sandwich

8" Turano Roll, Sliced Grilled Chicken, Nueskes Smoked Bacon, sliced cheddar cheese, avocado, shredded lettuce, ranch.

Chicken Salad Sandwich

8" Turano Roll, white meat roasted chicken salad, shredded lettuce, and fresh-sliced tomato.

BREAKFAST CLASSICS

★ Breakfast BLT 10

Tomato basil focaccia, egg, lettuce, tomato, Nueske's bacon, herb aioli.

Breakfast Croissant 9

Flaky butter croissant, egg, cheddar cheese.

Choice of ham or sausage

English Muffin 8

Chicken sausage patty, egg, pepper jack cheese.

Breakfast Bagel 8

Chicken sausage, egg, cheese.

Combo Bagel 10

Chicken sausage, bacon, egg, cheese.

HAND-ROLED FAVS

★ Chorizo Breakfast Burrito 11

Flour tortilla, crumbled local chorizo, Yukon potatoes, egg, shredded cheddar cheese, pico de gallo, tomatillo salsa.

Veggie Breakfast Wrap 11

Toasted Flour tortilla, egg, spinach, tomato, parmesan cheese, banana peppers, and Italian vinaigrette.

Add Turkey or Ham - 3

PROTEIN & POWER

★ Breakfast Protein Bowl (GF).....12

Crumbled chorizo and potato, egg, shredded cheese, black beans, pico de gallo, chipotle aioli.

Bacon Cheddar Egg Bites (GF).....10

Applewood smoked bacon, shredded cheddar cheese, eggs. Served with red tomato salsa. Three Bites.

Parfait.....9

Fruit Parfait (GF) - Greek Yogurt, fresh fruit, Honey, Oat Granola

Honey Parfait (GF) - Greek Yogurt, Honey, Oat Granola

Cookies and Cream - Greek Yogurt, Crushed Oreos.

TOAST & BAGELS

Lox Bagel 11

Everything Seasoned bagel, herb cream cheese, smoked salmon, and bagel seasoning

Avocado Toast 7

Toasted bread, avocado, parmesan, sliced tomato, everything bagel seasoning

Toasted Bagel 3.50

Plain, Blueberry, Everything, Cinnamon Raisin