



Tuesday, May 26th, 2026, Delivery
No Deliveries on Memorial Day

 **A Freshchef Favorite**

(GF)/(DF) = Gluten Free / Dairy Free

Pretzel Breakfast Sandwich

Miller Pretzel Bun, thick hand-cut carved ham, scrambled egg, served with arugula, roasted Roma tomatoes, and herbed cream cheese spread for extra flavor!

Add fruit cup available

451 Cal | 28.6g Carb | 23.4g Fat | 33g Protein

Freshchef House Salad - gf/kf

Organic Spring Mix, sweet cherry tomatoes, cucumbers, pickled red onions, roasted corn, shaved parmesan and creamy parmesan dressing. **Remember the grilled salmon or sirloin!**

450 Cal | 28g Carb | 20.4g Fat | 31g Protein

 **Chicken and "Dumplings"**

Marinated and roasted chicken breast, chicken broth cream, peas, corn, carrots, fresh dill, parsley, poached potato gnocchi, and lemon wedge.

Sub zoodles for low-carb AND Gluten free

497 Cal | 46g Carb | 18.8g Fat | 35.5g Protein

Low Carb (GF): 281 Cal | 20.1g Carb | 7.5g Fat | 33.4g Protein

****NEW** Garlic Butter Steak**

Garlic butter steak bites served with asparagus and vegetable couscous. The couscous contains asparagus, grilled zucchini, grilled red onion, grilled bell peppers, roasted carrots, fresh basil, and parsley.

Zoodles for low-carb | Gluten-Free Available

565 Cal | 51g Carb | 26.2g Fat | 29.5g Protein

Low Carb (GF): 384 Cal | 18.2g Carb | 23.2g Fat | 25.1g Protein

 **Loaded Sweet Potato Bowl (GF)**

Roasted sweet potato chunks, cauliflower, corn and black beans pico de gallo, fresh cilantro, shredded Jack cheese, and a cilantro lime crema.

Add proteins Available.

474 Cal | 52.1g Carb | 23.5g Fat | 14.5g Protein

Florentine Roasted Salmon (GF)

Roasted salmon filet topped with a special cream cheese: sundried tomato, artichokes, spinach, lemon juice, and seasoning served with roasted Yukon potatoes and green beans.

Sub cauliflower rice for lower-carb

420 Cal | 33.4g Carb | 15.1g Fat | 39.1g Protein

Low Carb (GF): 404 Cal | 16.5g Carb | 15.5g Fat | 39g Protein

Weekly Specials

Turkey Lettuce Wraps

Summer Pasta Salad

Freshchef Baked Beans

Blueberry Almond Overnight Oats