



Monday, June 1st, 2026, Delivery

 **A Freshchef Favorite**

(GF)/(DF) = Gluten Free / Dairy Free

Southwest Breakfast Protein Bowl (GF)

Local pork chorizo, red skin potatoes, scrambled eggs, shredded mixed cheeses, black beans, pico de gallo, tomatillo salsa

450 Cal | 28g Carb | 18.8g Fat | 31g Protein

Chef Austin's Italian Salad (GF)

Crisp romaine, marinated chickpeas, black olives, cherry tomatoes, cucumbers, roasted artichoke hearts, feta cheese, and Italian dressing.

Add proteins available

440 Cal | 10.1g Carb | 28g Fat | 18g Protein

 **Pesto Chicken Pasta**

Penne pasta with grilled chicken, house-made pesto cream sauce, roasted grape tomatoes, and shaved parmesan cheese

Add proteins Available | Gluten Free Available

427 Cal | 49.7g Carb | 22g Fat | 31.7g Protein

Low Carb: 260 Cal | 13.8g Carb | 21.7g Fat | 31g Protein

BBQ Grilled Chicken (GF)

Grilled chicken leg quarter served with green beans and brown-butter-smashed sweet potatoes, with BBQ sauce on the side.

Sub chicken breast available | cauliflower rice for low-carb

512 Cal | 34.2g Carb | 20.3g Fat | 48.7g Protein

Carnitas Tacos Bowl (GF)

Our slow-cooked pork shoulder is seasoned to perfection. Steamed yellow rice, seasoned black beans, pico de gallo, and cilantro cream salsa.

Add tortillas Available

457 Cal | 33.3g Carb | 12.1g Fat | 38.9g Protein

Low Carb (GF): 306 Cal | 11.2g Carb | 18.6g Fat | 39g Protein

****NEW** MISO Glazed Salmon**

Roasted salmon filet with a sweet and tangy miso glaze, steamed white rice, and mixed vegetables: Corn, peas, carrots, and green beans.

Cauliflower rice available, gluten-free available.

589 Cal | 61.3g Carb | 28.2g Fat | 45.2g Protein

Low Carb: 457 Cal | 30.3g Carb | 18.2g Fat | 44.2g Protein

Weekly Specials

Dill Pickle Chicken Salad