



## Monday, June 15TH, 2026, Delivery

### ☀️ *A Freshchef Favorite*

*(GF)/(DF) = Gluten Free / Dairy Free*

#### **Smoked Salmon Lox Bagel**

Plain Bagel, smoked salmon, lemon dill caper cream cheese, pickled red onions, fresh lemon wedge, and arugula. Served with fresh fruit.

484 Cal | 55.4g Carb | 16g Fat | 26.6g Protein

#### **Southwest Salad (GF)**

Organic romaine and spring mix, corn, black beans, grape tomato, shredded cheddar cheese, pickled onions. Served with a chipotle honey vinaigrette.

*Sub proteins available - Mild Spice.*

439 Cal | 7.1g Carb | 32.3g Fat | 26.9g Protein

#### **Chicken and Sausage Jambalaya (GF)**

Cajun roasted chicken, andouille sausage, white rice, creole sauce, scallions, shredded parmesan cheese.

450Cal | 29g Carb | 26.8g Fat | 41.3g Protein

*Low Carb (GF):* 320 Cal | 9.1g Carb | 15.1g Fat | 43.1g Protein

#### **\*\*NEW\*\* Steak and Potatoes (GF)**

Roasted beef tips with herb chimichurri, Yukon-roasted potatoes, and blanched broccoli.

565 Cal | 51g Carb | 26.2g Fat | 29.5g Protein

*Low Carb (GF):* 384 Cal | 18.2g Carb | 23.2g Fat | 25.1g Protein

#### ☀️ **Summer Pesto Pasta**

Penne Pasta with a pesto cream sauce, grilled vegetables (zucchini, yellow squash, roasted carrots, bell peppers), roasted grape tomatoes, shaved parmesan cheese, and balsamic drizzle.

*Add proteins Available | Gluten-free available*

427 Cal | 49.7g Carb | 22g Fat | 11.7g Protein

*Low Carb:* 260 Cal | 13.8g Carb | 21.7g Fat | 7g Protein

#### **\*\*NEW\*\* Lemon Citrus Salmon (GF)**

Freshchef roasted salmon fillet served with sundried tomato and asparagus risotto, with a honey-lemon vinaigrette on the side.

468 Cal | 36.9g Carb | 36.6g Fat | 41.5g Protein

## **Weekly Specials**

Peanut Butter and Chocolate - Overnight Oats (GF)  
Asian Chicken Pasta Salad